

Stroke 101

Every **40 seconds**,
someone in the U.S.
has a stroke.



Stroke, defined: A stroke happens when blood flow that brings oxygen to the brain is interrupted. Without oxygen, brain cells begin to die.



Quick treatment

after a stroke can mean
the difference between
life and death.



**The first
3 hours**

after symptoms
appear are the
most critical.

If you think someone
may be having a stroke,

B.E. F.A.S.T.

and do this simple test:

Balance:



Did the
person
suddenly lose
balance or
coordination?

Eyes:

Did their vision get blurry,
or did they lose sight in
one or both eyes?



Face:

Ask the person to smile. Does one side of the face droop?



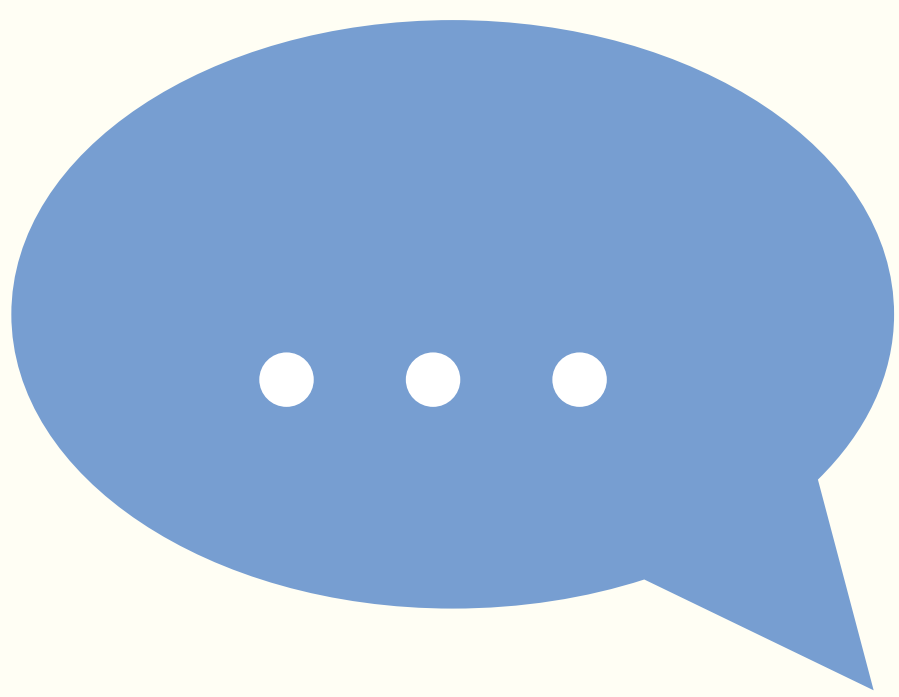
Arms:

Ask the person to raise both arms. Does one arm drift downward?



Speech:

Ask the person to repeat a simple sentence. Are the words slurred? Can they repeat the sentence correctly?



Time:

If you notice any of these signs, call 911 immediately and get to the hospital fast.

